



CELEBRATING

120

YEARS



Supporting the electrical industry for 120 years!

Help us raise £120,000 in 2025

Your industry charity was founded 120 years ago when 10 people decided to do something to help their colleagues and peers.

Today we continue this mission and want to raise **£120,000** in 2025 so that we can carry on helping those in need.



Get involved and
find out more

electricalcharity.org/120-years-of-the-ic/

120 Challenge 2025 Calendar



January

Jail or Bail



February

Run 120 km



March

120 squats per day



April

120 lunges per day



May

Mental Health month



June

Walk your dog for 120km



July

Give up 120 mins of salary



August

Charity raffle



September

EIC day month



October

Sleep out on London streets



November

November



December

Christmas