

# QUARTERLY FUNDRAISING PROGRAMME

Q1

April to June



**ASP**  
Apprentice Support  
Programme

## Who's the baby?

Bring in baby photos of yourself and get together with your colleagues and friends to see if you can match up who's who.



## Walk to work

Walk to work, take the stairs, get off your train or bus one stop early and get active.



**PPP**  
Practical Participation  
Programme

## Give a helping hand

Over the summer, why not give a little back with random acts of kindness whilst you go about your daily routine.



## Stand fast

Have you got what it takes to do a 24hr fast or silence? How many of your friends and family would sponsor you for a day of peace and quiet.



July to September Q2



electrical  
industries  
charity



**EFP**  
Employee & Family  
Assistance Programme



## Wellness Days

How many of us could do with a well-earned chance to re-energise those batteries. A Christmas raffle with wellness days off work could be the ticket!



## Remembrance Christmas tree

Give people the opportunity to remember those not with us at Christmas time with a tree for messages and lights in your workplace.

October to December Q3



**PSP**  
Pensioner Support  
Programme



## PSP Bingo

Get a full house and bring your colleagues and friends together for a fun game of office bingo.



## Afternoon Tea

There's always time for tea and a remembered story or two with those retired friends and colleagues who would perhaps love a spot of company once in a while.

January to March Q4

## Access Assistance

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