





QUARTERLY FUNDRAISING PROGRAMME

Roil to June



ASP Apprentice Support Programme

Who's the baby?

Bring in baby photos of yourself and get together with your colleagues and friends to see if you can match up who's who.



Walk to work

Walk to work, take the stairs, get off your train or bus one stop early and get active.





Practical Participation Programme

July to September Give a helping hand

Over the summer, why not give a little back with random acts of kindness whilst you go about your daily routine.



Stand fast

Have you got what it takes to do a 24hr fast or silence? How many of your friends and family would sponsor you for a day of peace and quiet.







PSP Pensioner Support Programme



EFP

Employee & Family Assistance Programme

Wellness Days

How many of us could do with a well-earned chance to re-energise those batteries. A Christmas raffle with wellness days off work could be the ticket!



Remembrance

Christmas tree

Give people the opportunity to remember those not with us at Christmas time with a tree for messages and lights in your workplace.

PSP Bingo

Get a full house and bring your colleagues and friends together for a fun game of office bingo.



Afternoon Tea

There's always time for tea and a remembered story or two with those retired friends and colleagues who would perhaps love a spot of company once in a while.





Access Assistance

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